



QUALITY OF LIFE OF INFERTILE COUPLES

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ABSTRACT

Background of the study

Infertility remains an important problem worldwide which affects men and women equally. It does affect a large percentage of the population and are on the rise in many countries. There are millions of couples right now struggling with infertility. It can be hard struggle as couples see other people with their babies and wonder why it is not so easy for them. Health related quality of life now is considered as an important outcome measure in many clinical settings

Objectives

To assess the quality of life of infertile couples, to correlate the quality of life among men and women and to associate the quality of life of infertile couples with the selected demographic variables.

Research Design and Methods

The researcher adopted a quantitative approach with exploratory correlation survey design .Convenient sampling technique was used and 60 infertile couples treating in selected Infertility Center, karaikal were selected. Standardized Modified FertiQol International tool was used to collect data from samples. The data collected were analysed and interpreted based on descriptive and inferential statistics.

Results

Descriptive statistical methods like percentage, mean, standard deviation and inferential statistics like paired t' test were used to analyze the collected data. The results revealed that regarding Quality of life 37.6% men had lesser Quality of life and 74.6% of men had moderate quality of life. In women had lesser quality of life 62.4% and 25.4% of women had moderate quality of life. Hence women had lesser quality of life than the men.

Conclusion

. The infertile women's Quality of life seems to be more important, offering immediate infertility counseling will help them to improve their quality of life.

Keywords

Quality of Life, Infertile Couples